Welcome to the latest e-newsletter from the Society of Homeopaths Research Committee. We aim to provide you with interesting and up-to-date information about homeopathic research.

Almost here! - Next Society Research CPD Day
29th November, London - Dr Robert Mathie and Dr Angelina Mosley
Interpreting the Evidence Base for Homeopathy
Responding to popular demand, this autumn CPD day offers an opportunity for members to engage with the evidence base in homeopathy, particularly focusing on the strengths and weaknesses of clinical trials. Participants will also be encouraged to develop their critical awareness, their understanding of the issues involved in interpreting research findings and to get involved in discussing ways forward for homeopathic research. Time will also be spent discussing how research and interpreting evidence impacts upon promotional materials, information for patients and clinical practice.

We are fortunate to have two speakers who have been seriously engaged with the evidence base in homeopathy: Dr Robert Mathie, the British Homeopathic Association’s Research Development Adviser, will summarise the nature of the clinical research evidence in homeopathy and will describe his innovative work in assessing the quality of that evidence; Dr Angelina Mosley, Society Research Consultant, will help participants interpret evidence within the wider principles of scientific research and in regard to its impact on professional practice and associated promotional material.

During the day there will be time for discussion – so bring your questions and ideas to what promises to be a challenging and enlightening day. Ring the office to book your place or access the booking form at [http://www.homeopathy-soh.org/events/cpd-events/researchday/](http://www.homeopathy-soh.org/events/cpd-events/researchday/)

Making Cases Count – MYMOP Video
To further support the Making Cases Count (MCC) initiative encouraging homeopaths to routinely collect outcome data using MYMOP forms, founder Dr Clare Relton has released a short instructional video on how to fill in a MYMOP form in less than one minute – proving that routine data collection won’t negatively impact on your patient time.

The video can be viewed here: [http://www.youtube.com/watch?v=IhsAxaALt80](http://www.youtube.com/watch?v=IhsAxaALt80)

Visit the website for more information about the initiative and to sign up: [www.makingcasescount.org](http://www.makingcasescount.org)

House of Commons Submissions
In our last e-bulletin we informed members that Prof George Lewith (Southampton University) and Dr Peter Fisher (Royal London Hospital for Integrated Medicine) had been asked to make oral presentations to the Health Committee and represent the integrated healthcare perspective on how to support patients with long-term conditions. An uncorrected transcript of their evidence can be read here:
Alternatively, you can watch the session via Parliament TV here: http://www.parliamentlive.tv/Main/Player.aspx?meetingId=14059&wfs=true&player=windowsmedia

We would also like to let members know that the Society’s research consultants, Angelina and Philippa, prepared another submission in response to an enquiry by the House of Commons Science and Technology Committee on Antimicrobial Resistance. We prepared a document with evidence on how homeopathy might help address this growing problem and how homeopathy might support the UK government’s 5 year strategic plan on dealing with antimicrobial resistance.

**Homeopaths Wanted for Student Research Project into Autism**
We recently posted in the AOB folder on FCM a request from Homeopathy MSc student Karen Sandbu for homeopaths who have experience treating children with autism to contact her, fill in a questionnaire and possibly be interviewed. This work forms part of Karen’s Masters dissertation at UCLan and we are pleased to support her in her search for participants. If you would like more information please check out the message in AOB or contact the research consultants who can forward further information to you.

**Join the RCCM**
If you have not already joined the RCCM (Research Council for Complementary Medicine) please do so to show our support for research across all CAM disciplines, as we face common problems. It is free to join as an ordinary member and you will receive regular e-mail alerts. More information can be found here: http://www.rccm.org.uk/node/228

**Data Record & Assessment Form For Treated Thyroid Disorders (DRAFTT) – Beta Version**
Dr Saurov Arora, founder of www.audesapere.in has released a beta version of an initiative to collect and compile data of thyroid disorders treated homeopathically worldwide. Further information can be found here: http://audesapere.in/blogs/data-record-assessment-form-for-treated-thyroid-disorders-draftt-beta-version/

**National Institute for Health Research – Health Technology Assessment Programme Funding**
The NIHR HTA Programme supports research that is immediately useful to patients, clinical practice, and policy or decision makers. The purpose of an HTA study is to establish the clinical and cost-effectiveness for the NHS in comparison with the current best alternative(s). The technology under study does not necessarily need to exist in current NHS practice, but a study would need to show that it could. HTA Programme Funding is available for studies into a wide variety of specific situations (for example depression in COPD, relapse prevention interventions for smoking...
cessation and duration of antibiotic treatment for neonatal infection) as well as broader research into delivering integrated care services for the homeless population. For more information on the remit of this funding opportunity and the details for each of the HTA calls for submissions please click here: http://www.nets.nihr.ac.uk/funding

**New Research Article - Cocculus in Acute Sleep Deprivation**

A paper has recently been published in the peer-reviewed journal Neuroscience investigating the effectiveness of Cocculus 30C in the amelioration of the movement, learning and hormonal responses of acutely sleep-deprived rats. A four armed randomised controlled trial was performed comparing naïve and sleep-deprived rats who were untreated, treated with placebo or treated with Cocc30C. The most striking result was that the researchers found Cocc30C to ameliorate the long-term (14 day) impact of sleep deprivation on the rats' endocrine system.

The abstract for this paper can be found here: http://www.ncbi.nlm.nih.gov/pubmed/23973403


**FrogHom.Net**

Researchers have created a website to centralise the evidence available from their inter-laboratory and independent repetition of experiments on the effect of highly diluted thyroxine on the metamorphosis of highland amphibian larvae. Details can be found here: http://www.froghom.net/

**Accessing Research Papers**

The Research Committee has produced a guide to accessing online research resources, focusing on those that are free access. This support document can be found in the members’ area of the Society’s website by going to the “Research” section, then “How to get Involved in Research” and then scroll down to the section on “Search the existing literature”. Or click here: http://www.homeopathy-soh.org/for-members/research/how-to-get-involved-in-research/

**Research Survey - Coming Soon!**

The Research Committee are currently preparing and testing a short research survey for members which will be sent out by e-mail to all members who have supplied the office with their e-mail address. The survey will be short and the aim is to collect information on the research activity, data collection practices and research support needs of members. We will use the information collected to assess areas where we can improve the support and resources we currently offer. So please do keep an eye out for it and fill it in, no matter how much or how little you are involved in research in homeopathy. Every response helps.

**Research Committee Contacts**
If you have any comments, questions or interesting research-related material and experiences we are always happy to hear from members, so please do drop us an e-mail.

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